

**Remember the school idea.** You are a part of a CAP ground team on a mission. The Ground team has been given access to buildings to conduct the mission and use a shelter from the weather. EVERYTHING else is going to be outside, rain or shine. The school is 140 hours long and the in order for you to get the most out of the school, YOU need to make sure that you have your equipment to stay dry, warm, and sleep well.

The following items will be provided by the school:

All CAP forms for the mission sorties.

Food and drinks. You don't need to bring food. Make sure you bring canteens or Hydration pack.

Ground team task manual.

#### WEATHER CONDITIONS:

Please bring COLD Weather gear. Long Underwear, Gloves, Black wool "watch type hat" and rain gear. You can always take clothing off, but if you don't have it put on, SAFETY becomes a PROBLEM!

Sleeping conditions:

You will be sleeping in an unheated building. Please bring a sleeping bag, cots will be provided.

You can bring a air mattress, or bed roll, whatever will make your life easier. The new male and female shower/restroom building is completed. Please bring towels for your shower use, along with soap and shampoo.

## ATTACHMENT II

### GEAR AND EQUIPMENT LIST

Participation in LESA South will require students to bring a 24hr and 72hr mission pack. This equipment doesn't have to be military-style. Students need to understand what is in both the 24 and 72 hr packs. For our school, you don't need to buy double the items, just be able to make a complete pack. With that said, if you are going to be a part of a CAP ground team, you will need the equipment listed below. Classes during the school will use your equipment and you should be able to become comfortable with your equipment. To get the most out of our school, the 24 and 72 hours pack should be complete. Most of the equipment you might already have around your house. Follow this list exactly. No food or knives (except Leatherman or Gerber multipurpose tools) will be allowed. Equipment not on the list will be confiscated during encampment in-processing and returned at the end of encampment. Students will also be required to have all items listed on the encampment packing list.

Some items may be carried on a belt, in pockets, or strapped to the person. This equipment should be carried on all missions in rural or wilderness areas and is considered the minimum amount. Consult a physician for recommendations about analgesics and other drugs you may carry in the SAR pack. This list is based on the revised SAR Ready Pack standards published in the NASAR Briefings, August/September 1998.

#### On person

- Appropriate uniform for season temp. & terrain.
- Small notebook (in waterproof bag) pen, pencil
- Wallet w/all certifications, All CAP Identification, including 101 card, 76 card, First Aid card, etc money (\$5)
- Wrist watch with second hand.

#### **a. 24 hour pack**

On your person:

Complete Field Uniform's with cap. Handkerchief or Tissues Vest, reflective, orange Signal Mirror

Whistle

Pocket or utility-type knife, multipurpose with can opener. Swiss Army knives Tools are recommended.

Day pack, webbed gear, or other SAR/Survival Vest

First Aid Kit, stored in zip-lock bag or other waterproof container, recommended

following: 2 Antiseptic cleansing pads Antiseptic ointment, 6 Band-Aids, various sizes

Moleskin, 2" X 4 Roller bandage, 2 Safety pins, large 4 gauze pads, 1 Triangular Bandage

Tape, first aid.

Any personal medication (your team leader should know what you have

Rubber surgical gloves (two pair minimum)

Survival Kit, stored in zip-lock bag or other waterproof container, consisting

Duct tape, 5-10 feet (does not need to be a whole role. May be wrapped around a stick.

Leaf bag, large size, 12 wooden, waterproofed matches (T)

Match container, waterproof, with striking surface

1 Chemical Light Stick, Green (T)

50' of nylon line (paracord or similar line).

SAR Equipment stored in zip-lock bags, consisting of:

Change of socks (T)

Flagging Tape, 1 roll

Flashlight (with red or blue lens), with spare bulb and batteries Spare

flashlight (penlight will do) (T)

Insect repellent

Lip balm, with sunscreen

Sunscreen lotion

Tissue Paper (T)

Work Gloves, leather (T)

Interviewing Form(s), blank

4 Moist Towelettes, clean, in foil wrapper

Change for phone calls, calling card, or cellular phone (T) to call mission base 2

meals (T)

Shelter Material, preferably 8' X 10' (spare military poncho meets the need)

Coat for appropriate climate, if necessary (in pack if not wearing it)(T) Poncho, (T)

Canteen(s) to carry 2 quarts of water (Some wings require their personnel to have at least one quart canteen on a belt while the other is stored in the field pack. At least one quart of water must be carried by all personnel)(T) or camel pack.

Compass Pouch, containing compass, lensatic or orienteering (orienteering preferred). Compass should have a "glow in the dark" dial.

Leader's Equipment -- only required of Ground Team Leaders

Protractor -- for map work.

Map Case (Large Zip-Loc bags can be used if necessary Pencil, with eraser (plus sharpener if not a mechanical pencil)

Alcohol Pens, fine tip, at least 2 colors (neither the color of your colored flashlight lens)

Some way to erase alcohol pens marks on the map case, such as alcohol swabs or a special alcohol pen eraser.

A straightedge ruler, at least 6" long (Some protractors may have a ruler as well).

Ground Team Leader Handbook

### **72 hour pack:**

a backpack (preferably with frame) (T) containing: Spare rank

and CAP cutouts (for cadets)  
5 meals (T) **(don't bring them)**  
2 Leaf Bags, large  
Bag, waterproof (T), containing Spare uniform  
Underwear and socks, 3 changes Sleeping  
pad, foam or inflatable  
Spare boot laces.  
Kit, sewing, with spare buttons Shoe  
Shine Kit  
Toilet Kit, that should contain:  
Toothbrush and paste (T) Shaving Kit  
(if you shave) (T)  
Deodorant (T)  
Washcloth and soap (T) Towel (T)  
Sleeping Bag or Bedroll appropriate to climate Optional Items  
Rainwear, durable  
Webbing, nylon, 1" wide, 20' long  
Handheld FM Transceiver (highly recommended for Ground Team Leaders)  
Water Purification Tablets  
Eye Protection (highly recommended)  
Entrenching Tool (highly recommended for base gear)